From the Editor

Dear Readers,

I am pleased to report that as of the start of 2021 Colin McCormick will take over as the new editor of the Salhouse SAGA magazine. He will be assisted by Richard Flatters who will take over the role of Treasurer/advertising. Pauline Garner will continue in the role of village distribution coordinator however Juliette Bendy will step down from the role of editorial assistance. Special thanks go to Juliette for her support and provision of the quizzes and filler articles over several years.

After almost 20 years of editing the magazine I would like to take this opportunity of thanking all of the people and organisations that have supported the magazine over many years. The lifeblood and success of the magazine is very much down to the loyal advertisers and editorial contributors. My thanks also extend to the band of delivery volunteers and to all of the people that have been personally involved on the SAGA team over these years in helping to keep it going as a service to the community of Salhouse.

Unfortunately it is not the best of times to transfer the magazine process but I wish every good fortune to the new team in taking the magazine forward in the next decade. It is a shame that Doreen Dye was not able to complete this last magazine prior to the change of team but will be remembered for her devoted work over the past 20+ years as Treasurer and advertising coordinator. I have enjoyed my time as editor and wish the new team every success.

Meanwhile very best and safe, wishes for Christmas to everyone from the Saga team.

Malcolm Prestwood  Editor 2001—2020

Front page picture: Yet another wonderful Salhouse sunset, this time taken by 16 year old Rachel Carney. See page 21 for more about Rachels work.
Salhouse Matters

Doreen Dye
A tribute to Doreen is included in this edition on page 2. One of her charities was the Norfolk Zipper club for which it is reported that donations following the funeral were £590 and the family wish to express their thanks to all who donated.

A Medieval Mystery at All Saints
Church is investigated by James Watts and explained on page 28

Salhouse Railway Station has been undergoing a substantial amount of loving care and attention and won an award in the process from Greater Anglia. Chris and Sally Dady report on page 40.

COPY DATE FOR NEXT ISSUE:
MARCH 8th 2021

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Full page: £27.00
Half page: £13.50
Quarter page £ 7.00

Editor’s views are not necessarily those of the contributors. No liability will be accepted for any loss resulting from error or omission.
Tribute to Doreen Dye

At the time of what would have been her last edition as treasurer for the SAGA, I sadly have to inform you of the passing of Doreen Dye on 29th August this year, aged 92. Doreen was a resident of Salhouse for many years and throughout that time played a very active, and stalwart role, in many aspects of life in the village.

According to John Fielder, Doreen and her husband Reg, worked at Vicarage Farm in 1956 and lived in one side of ‘Braemar’ in Lower St, which was 2 cottages in those days. They both worked for the farm and provided much support to the Fielder family. John reflects on how Reg died in 1994 at the much too early age of 68.

They had 3 sons and Doreen became busy with school activities, particularly football, when she transported the team members around in her estate car (No seatbelt rules then!) and washed all the team kit. Later on Doreen worked as a shop assistant in Coe’s shop, next to the Bell Inn, and then at Teager’s butchers in Lower St before joining Salhouse Playgroup as a volunteer. Although deciding to retire from this at 70 she actually continued on until she was 80!

After living in ‘Braemar’ they moved to another house in Lower St, called ‘Sunnyside’, then on to Ward Road, during which Reg sadly died, and finally Doreen moved to the top end of Cheyne Avenue.

Throughout this time Doreen was highly involved in a number of village activities playing a key role in their longevity and success. As a founder member of the WI, during which she held many of the committee roles and remained an avid member throughout. For the past 20+ years Doreen was also the treasurer and advertising coordinator for the Salhouse Saga magazine coping with the changes from paper bookkeeping and banking through to electronic media and online banking. Another formal post that she held was as a member of the Salhouse United Charities Trust which was set up to support the needy in the village. For over 30 years she also campaigned for the Norfolk ‘Zipper Club’ raising money through coffee mornings and car boot sales. She was a regular member of the Salhouse Afternoon Tea & Mardle activity and continued with voluntary work to the end, knitting blankets for premature babies and the residents of retirement homes. All this in addition to maintaining a large number of flower tubs and pots around her garden and fitting in trips to Thailand to visit one of her sons.

Doreen would often be seen dashing around the village in support of these activities and riding her bicycle whenever possible, even in her 90’s. Having recently swapped her car and bicycle for a mobility scooter her travels around the village were unfortunately curtailed by the Covid pandemic limitations.

Doreen will be remembered, appreciated and missed by many in the village from the early days right through to her more recent involvement and stalwart efforts for the community.

The above details were compiled in conjunction with information kindly provided by Chris Dye and John Fielder.

Malcolm Prestwood  
Editor, Salhouse Saga
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Information from Police Connect

The Police continue to issue many messages regarding the status of crime in the area and warnings of potential on-line scams and threats that can affect anyone. The measures around Coronavirus and creation of Test and Trace apps etc are creating new opportunities for scammers for which everyone needs to be aware.

A recent Police Connect report serves to remind people about the risk of heating oil theft now that the nights are longer. Attention to the security of the tank is emphasised through the use of locks, fencing and CCTV particularly if the tank is sited in a visible location.

Reference is also made to Churches, particularly during these times of lockdown and the church being less used making it more vulnerable. The Police ask the public to keep an eye open for any unusual or suspicious activity and report it accordingly.

You may have heard of the What3Words system for establishing an accurate position which is increasingly being used in the reporting of incidents. Below is an explanation extracted from a recent Police Connect message about this system and how to implement it on a smartphone.

We divided the world into 3 metre squares and gave each square a unique combination of three words. It’s the easiest way to find and share exact locations. Simply searching What3Words or W3W on your smartphone or within your App Store/Google Playstore you can download a the free App. Once downloaded you don’t need mobile signal to provide your precise location to emergency services. The app places your location within a unique 3 word 3 metre square which emergency services can use to find your precise location. Norfolk Constabulary continue to implement W3W, when reporting crimes or incidents you may be asked do you have a W3W location this allows us to pinpoint where you are or where the incident your reporting is. Saving emergency services valuable minutes trying to locate people and saving any confusion. This is something that is vital in rural areas and reporting any sort of incidents in a remote location.

Many of you will no doubt continue to receive spam mails purporting to be from banks or other providers asking you to click on various links. Do not click on any such links unless you are absolutely certain that the mail is genuine. Although the origination mail address may look correct clicking on it, or hovering over it, will often reveal an obvious incorrect alias address.

if suspicious of any such cold call, telephone call or email scams they can be reported to the Citizens Consumer Helpline on freephone 0808 223 1133 or to Norfolk Constabulary on 101 or 999 if being intimidated.

Ed
Can you write for the SAGA?

We are always looking for articles of village interest for the Saga. If you could write something or suggest items that you would like to see covered please contact the editor. Details are on page 1 of this magazine.

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The Builders are in!
Nearly ten years in the planning but not ideal timing we have embarked on a 9-month project to increase the building capacity. This means we now need to dispense medicines from our internal dispensary hatch. We have put in place a one-way and traffic light system to help avoid congestion and keep our patients at a safe distance from each other.

Flu Campaign underway
Over 65? Over 65s should contact the practice for an appointment.
Under 65? For the under 65s, we must follow a strict priority system based on patients’ medical needs. The otherwise healthy 50 to 65s will be contacted in due course – probably November onwards depending on vaccine supplies from central NHS.
Our Clinics. We have changed the location now requiring patients to access through the rear ‘Broads Suite’ door.
Please:
1. Be punctual.
2. Wear a mask when you attend the clinic.
3. Come dressed to enable our nurses to access your upper arm quickly.

What is triage?
To help us ensure patients see the right doctor, nurse or other healthcare professional at the right time, all medical centres use a triage system – also known as signposting. When presenting a health problem, either through our website or by telephone, our experience and well-trained staff will triage your enquiry and point you in the right direction. Your first appointment will usually by telephone – a Covid-19 risk reduction measure mandated by the NHS called Total Triage. An appointment with our advanced nurse practitioners, our pharmacist, our physiotherapist or other clinicians will often be the most effective and efficient course of action to quickly deal with your health problems. A GP is a consultant-level doctor who deals with the more complex, chronic and demanding physical and mental health issues, as well as looking after the general health, diagnosis and treatment of patients.

Face to Face Appointments. Rest assured that GPs and other clinicians are seeing patients face-to-face when appropriate. Overall the ratio of telephone and face-to-face appointments is now about 50/50. This is a big change from the spring when only 30% of all appointments were face-to-face.

Hard-of-hearing?
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Salhouse Saga - Winter 2020
wax removal. Removal will require a private appointment or an NHS referral to Acle for micro suction.

**Step 2. A referral to an audiologist with one of our partners (Specsavers or Scrivens) or to the N&N if a more complex problem.**

**Help us to improve.**

You can provide feedback (positive or negative) and suggestions for improvement through our website (click on ‘Feedback’ on the website Administration Area). Even better, contact one of our Patient Participation Group (PPG) area representative directly:

- **Wroxham:** Carol (carolhastwell@icloud.com),
- **Hoveton/Parish Council:** Alex Howe (01603 783096)
- **Salhouse:** Jane (hutton748@btinternet.com)
- **Horning:** Carole (cetreasure@googlemail.com),
- **Rackheath:** Tony (tony.emes@btinternet.com)

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**Police Connect Information**

Police Connect is a free e-mail, text or phone messaging service which keeps you informed about the latest police news and crime reports for your area.

You can access this service via [www.norfolk.police.uk/services/police-connect](http://www.norfolk.police.uk/services/police-connect) and register online. You will be given options on which updates you wish to receive, as well as any special interest such as rural, river or business updates. Registration should only take a couple of minutes.

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**Mobile Post Office van at the Jubilee Hall**

A mobile Post Office is parked in the Jubilee Hall car park every Wednesday afternoon from 12.30 to 1.30pm. It provides a range of PO services including stamps and cash.
Autumn Greetings from
“Proud of our Village”

Team Salhouse volunteers have continued tending to the flower beds around the village and at the Jubilee Hall.
As usual at this time of year we clear the summer flowering plants from flower beds around the village and replace with winter flowering ones.

Because of the pandemic, our activities have continued following strict social distancing guidelines which included taking part in the nationwide September 2020 “Great British Cleanup” initiative when we litter picked on an individual basis and collected five bags of discarded rubbish.

Team Salhouse volunteers were pleased to help prepare a patch of ground on the playing field for the Peter Jefford Memorial Seat which is now installed and offering a peaceful place to rest and watch the world.

We will be planting daffodils close to the seat for a colourful display in Spring.

We are always looking for volunteers to help us keep the village looking trim so, if you have an occasional hour to spare and don’t mind getting a little bit grubby, we would be pleased to hear from you.

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From The Parish Council

I hope the summer has been as good as it could be in the circumstances for everyone. At least the weather was fine. Despite the restrictions slowing things up, the Parish Council has been busy, with some existing projects being completed and new ones about to start.

The Multi Use Games Area (MUGA) was completed early in the year, but unfortunately the lockdown meant that it had to be closed shortly after opening, along with the new adult gym equipment which had been installed a couple of months earlier, and the childrens’ play area. Fortunately, these facilities were allowed to open again in time for the school holidays. We had the contractors back several times over the summer for minor details to be finished, and no sooner have these issues finally been resolved than the second lockdown has arrived and organised sports are restricted once again. When fully operational again, the MUGA will be available for football, basketball, netball and tennis, plus the casual ‘kickaround’. Once we are ‘back to normal’ we hope that this will be a great asset for the village which everyone will enjoy.

In the far corner of the playing field you may have noticed a new bench has been installed. This is in memory of the late Peter Jefford, who many people will have known over many years, and the purchase and installation was entirely paid for by Mrs Jefford for the enjoyment of the community.

Also at the Playing Field in Thieves Lane, the car park has been extended by removing the bank which surrounded it and replacing it with a series of wooden posts. The bank was gradually spreading outwards, and by removing it we actually increased the size of the car park by one car’s length along two sides, without losing any of the playing area. This also, we hope, will give the field a more open and ‘park like’ feel. The Tree Warden is also now planning some tree planting around the playing field, and in other locations around the village. More details about this should appear in his own article elsewhere in this issue.

We have installed three copies of a ‘walking map’ of the village, each on an angled plinth at various locations; these have been much admired and appear to be well used. We asked the Bittern Line if we could put an additional one at the railway station, and they were so impressed with the design that they agreed to two, one on each platform, and they also provided 100% of the funding.
Following lobbying by some residents along the Norwich Road, the Parish Council, with support from our County Councillor Fran Whymark, has been successful in persuading Highways to agree to a speed limit reduction to 40 mph along this road. It has been a remarkable achievement to get this agreed within a little over a year from first requesting it. These things can often take years or even decades to achieve. This will coincide with the installation of a further section of ‘trod’ path along the north side of Norwich Road; when completed this will give an almost complete path from Station Road to the Salhouse Hall entrance. Although it has been delayed by the lockdown, it should be completed early in 2021. Another improvement which we have secured under the same scheme is the installation of ‘dropped’ kerbs to improve accessibility at various locations around the Cheyney Avenue estate. These projects were funded through the Parish Partnership 50/50 scheme which Salhouse PC has been very successful with in the past; bidding is still open for a few more weeks for projects for the 2021/22 year, so if you have any suggestions for minor highways improvements, please contact the Clerk.

Finally, the Parish Council still has vacancies for Councillors, so if you feel you can make a contribution to the community, please contact the Clerk.

I hope you all have a good Christmas and we can get back to ‘normal’ in the New Year.

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Monday December 21st 2020

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Register to join us for the day, starting with a brief welcome at 10am via Zoom.

A week prior, we will have sent a package to help you through the day, activities to go with the Christmas Bible stories we will talk about and some crafty creations to make.

We will then get together again at 3.30pm to share what we have been doing and join in with songs to sing.

All the things we usually enjoy, but from home!

Register by 7.00pm on Tuesday 15th December
www.salhousebaptistchurch.com
Or find us on Facebook!
Salhouse Parish Councillors

Mr M Murrell  Chair & Finance
Mr C McCormick  Vice Chair
Mr N Ball
Mr M Nudd
Mr R Cooper
Mr S Jarvis
Mrs J Redburn
Mr A Peachment
Mrs Lynn Yallop

Tree Warden  Mr J Cleaver
(Salhousetreewarden@gmail.com)
Tree Adviser  Mr I Flatters
Footpath Warden  Nick Ball

Parish Clerk
& Responsible Finance Officer
Sarah Martin
Spinners Cottage,
18a Honing Row,
Worstead
Norfolk
NR28 9RH
Tel: 01692 535775
clerk.salhousepc@gmail.com

For further details see the Parish Council information website at www.salhousepc.info

2021 Parish Council Meetings

Monday 7th December 2020  (Virtual)
Monday 11th January  (Virtual)
Monday 8th February  (Virtual)
Monday 8th March  (Virtual)
Monday 12th April  (Virtual)
Annual Parish Meeting - to be confirmed

Provisional dates:
Monday 10th May
Monday 14th June
Monday 12th July
No meeting in August
Monday 13th September

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Salhouse Saga - Winter 2020
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No job too small
What a season we’ve had at Salhouse Broad and it’s certainly been one that we shall not forget in any hurry. We quickly got ourselves ‘covid ready’ and adapted throughout the season to adjust to the changing restrictions. Thanks to the Rangers who have worked hard to create a safe environment for people to enjoy. Helen at the Hungry Otter has had a great season and again was on top of her game ensuring safety was a top priority for herself and her customers.

Our volunteer group, otherwise known as the Wednesday Warriors, have been a tremendous help once again in keeping the dreaded Himalayan balsam at bay. If you’re not aware, Himalayan balsam is an invasive species that has found a home at Salhouse Broad and if not removed it will outcompete native species, then, when it dies back in winter can leave the ground open to erosion. We think that it is almost eradicated between the main path and the wherry cut boardwalk and is largely gone along the whole stretch of the main pathway down to the Broad. This is quite a feat given how much has grown there in the not too distant past. It is their consistency and hard work that has paid off and we are extremely grateful.

If you’ve ever wondered about the benefits of being a volunteer. Our volunteers say this:

‘It’s a chance to learn new skills outdoors in a beautiful natural setting, alongside a great group of like-minded colleagues.’ Liz

‘Assisting the stewardship of such a special local habitat for half a day each week is both fun and satisfying’ John

‘Whether looking out over the broad, watching the wildlife in the water, or walking through the woods listening to bird song, it always lifts the spirits. You can’t beat nature’s medicine!’ Jo

Whilst we’re not taking any new volunteers on right now, please contact us to register your interest and we can notify you when a space becomes available. In these times, we know how important being in nature is and what mental health benefits there are to simply being outside. The Charity MIND suggests being in nature can:

· Improve your mood
· Reduce feelings of stress or anger
· Help you take time out and feel more relaxed
· Improve your physical health
· Improve your confidence and self-esteem
· Help you be more active

So while you continue to enjoy your daily walks here, you’ll know that you can reap many benefits and don’t forget to tag us on social media so we can see what you’ve been up to. It really brings a smile to our faces when we see the enjoyment people get from being here.

Kelly Banthorpe  Salhouse Broad
Silly Christmas Jokes

What do they sing at a snowman’s birthday party?  
*Freeze a jolly good fellow.*

What kind of motorbike does Santa ride?  
*A Holly Davidson.*

What did Adam say the day before Christmas?  
*“It’s Christmas, Eve.”*

Why did no one bid for Rudolph and Blitzen on eBay?  
*Because they were two deer.*

Why don’t you ever see Santa in hospital?  
*Because he has private elf care.*

What do angry mice send to each other at Christmas?  
*Cross-mouse cards.*

Why are Christmas trees so bad at sewing?  
*They always drop their needles.*

Who is Santa’s favourite singer?  
*Elf-is Presley.*

Who’s Rudolph’s favourite pop star?  
*Beyon-sleigh.*

Who is a Christmas tree’s favourite singer?  
*Spruce Springsteen.*

What do you call Santa living at the South Pole?  
*A lost Claus.*

What’s the difference between the Christmas alphabet and the ordinary alphabet?  
*The Christmas alphabet has No-el.*

Why is it getting harder to buy Advent calendars?  
*Their days are numbered.*

Why is everyone so thirsty at the North Pole?  
*No well, no well.*

How do you know if Santa’s in your house?  
*You can sense his presents.*

Who solves crimes at Christmas?  
*Santa Clues.*

What do you give a dog for Christmas?  
*A mobile bone*

What does Santa use to measure?  
*Santameters.*

What does Santa use to clean his hands every time he delivers a present?  
*Santa - tiser*

And finally:

One night a Viking named Rudolph the Red was looking out the window when he said,  
*“It’s going to rain.”*  
His wife asked, “How do you know?”  
*“Because Rudolph the Red knows rain, dear.”*
Village Photographer

As you will see from the item below one of the younger members of our community is out and about taking photographs around the village. Having been particularly impressed by the sunset displayed on the front cover I reproduce her bio and other examples below, albeit in mono..

My name is Rachel Carney, I'm 16 and I live in Salhouse. I've always enjoyed taking photos and started when I was about 7 years old. I particularly like capturing landscapes and macro nature photos which I deliberately leave unedited, and am now experimenting with other styles and editing as part of my photography GCSE. It was nice to be able to go round the village during lockdown and take photos while everywhere was so quiet - particularly the roundabout on Norwich Road where there wasn't a car to be seen in any direction! As part of a school project I have turned some of my photos into greetings cards and postcards which are £1.75 and 60p each respectively. If you would like to see them and buy some you can contact me on 07591 524348. I hope you enjoy looking at my photos in this edition of the Saga!
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Dear Friends,

Among the Christmas catalogues that have landed in my in-box is one from Fortnum and Mason. As I scrolled through the pages of sheer extravagance, I couldn’t help but wonder what this really had to do with the meaning of Christmas and then on the back page I came across this sentence, “As we all know Christmas is a time of giving”. Well I have to agree with that! Giving is at the very heart of Christmas – for God so loved the world that he gave his only son that all that believe in him should not perish but have eternal life. Jesus the baby born in a stable 2000 or so years ago was and is God’s gift to us. Wow what a gift!

A seemly insignificant event, the birth of a baby to an oddly matched couple, far from home in a dirty outbuilding shared with animals, an event which brought shepherds from the hillsides and kings from afar. An event which brought the son of God to live among us, as one of us and to die for us on the cross, for our wrong doings and then to rise again giving us the promise of eternal life. Sometimes the most insignificant gift can turn out to be the greatest gift of all.

The sentence went on, “It is also a time to receive”. We all like to receive presents, but no present is of any use to us if we leave it wrapped up. What would be the point of leaving all your presents under the tree wrapped up? And yet that’s what so many people do with God’s gift. God has freely given us his son, but we have to be willing to accept his gift of love and to receive the good news of Jesus for ourselves.

It’s so easy to get caught up with all the trappings of Christmas that we loose sight of what is at the very heart of our celebrations, and how can you really celebrate a person’s birthday if you don’t know the person? I pray that this Christmas, a Christmas which is perhaps different to the way
you normally spend the season, you will find time to receive the gift that
God has given you, then you can truly celebrate!

May I wish you a very happy Christmas and every blessing for the New
Year.

Yours in Christ

Darleen

As always, Darleen is available to visit at home or in hospital
(subject to covid 19 restrictions), whether you are ill, recovering, or
just want to see someone, please telephone. Communion at home
can be arranged for those who because of illness or frailty again
please telephone. Enquires for Baptisms, Thanksgiving services,
Weddings and Services of Blessing after a Civil Marriage are
always welcome please telephone or email. On the sad occasion
of a bereavement please contact Darleen or ask the Undertaker to
do so to arrange a service in church or at the crematorium.

Rector: Revd Darleen Plattin, The Rectory, 56 Green Lane West,
Rackheath, NR13 6PG. Tel: 01603 720966. Email:
darleenplattin@btinternet.com

Christmas Services in the Bittern Benefice

Christmas Services

Christmas Eve, Holy Communion, 8pm at Rackheath.
Christmas Day, Holy Communion, 9.30am at Salhouse.

Regular Services in The Bittern Benefice

All Sunday services are held at 11am and rotate around the
Benefice. Please see the church noticeboard for up to date
details.
Salhouse church is open for quiet prayer on Wednesdays
between 10am and 3pm.
Salhouse Baptist Church

Sunday Worship
11.00 am and 5.30 pm

Bible Study and Prayer Meeting
Wednesday 7.30 pm

We’re following Government guidelines for Covid-19; when the building is closed we meet on Zoom – get in touch for the details; you’re welcome to join us!

Christmas Special 2020
Holiday Bible Club
Monday 21st December
10.00am – 4.00pm
See details on page 15
Register by 15th December

Find us on Facebook too! 🎄

Pastor: Simon Gay
10 Upper Street,
Salhouse NR13 6RZ
(t) 01603 720576
(e) salhousebaptists@tiscali.co.uk
(w) salhousebaptistchurch.com

1. What is the birth sign of people born on 25 December?
2. In the song The Twelve Days of Christmas, how many pipers are there?
3. What is the name of Dorothy Gale’s dog in The Wizard of Oz?
4. Which drink, invented by Francis Showering, has a fawn mascot?
5. What is the chemical formula of snow?
6. Who banned Christmas in England between 1647 and 1660?
7. What is the popular name for small baked sausages wrapped in rashers of streaky bacon?
8. What animal is Snowball in George Orwell’s book Animal Farm?
9. Traditional in Germany at Christmas, what sort of food is Stollen?
10. Which of the Wise Men was said to have brought the gift of gold for the baby Jesus?
11. What date is St Stephen’s Day?
12. What is the name of the cake traditionally eaten in Italy at Christmas?

Answers page 60
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Salhouse Good Neighbours - Here to Help
Reprinted due to the 2nd lockdown

Since the country went into lockdowns, communities all over Norfolk have been coming together to support those people who have been shielding or not able to go about their normal lives. Volunteers have helped with shopping, collecting prescriptions and have been checking in with people who live by themselves, or who may feel scared, lonely or vulnerable.

Salhouse has been no different and it has been heart-warming to see how people have gone out of their way to support their neighbours, to ensure they keep well and know that should they need anything, there is always someone there to lend a hand.

With this in mind, local residents who have been involved in the volunteer response are keen to ensure that this sense of community is not lost and that Salhouse could create a lasting legacy that could carry on supporting those who are lonely and isolated beyond the current crisis. This also reflects the uncertainties about the coming months, and how the level of need may develop.

With the support of Community Action Norfolk we have created a “Salhouse Good Neighbours Scheme”. The scheme is an ongoing support network to anyone that needs help – especially anything that can help someone live a more independent and happy life. Although as a new group our resources are limited, we are happy to have a discussion around any urgent support needs you may have, particularly where friends and family or neighbours are not immediately available.

Community Action Norfolk are an independent charity that support VCSE organisations across Norfolk. They have been helping communities set up Good Neighbour Schemes for over ten years, and currently have 15 groups under the Norfolk Good Neighbour Network.

You can find out more about their work by visiting http://www.norfolkgoodneighbour.org.uk/

Salhouse Good Neighbours are initially being coordinated by James Watts and Colin McCormick and can be contacted by ringing 07856 989351 where you can speak to one of the group co-ordinators or leave a message. You can also email clg7317@gmail.com.

We also need more volunteers! If you would like to find out more about the scheme and what is involved please don’t hesitate to get in touch.
Uncovering a Salhouse Medieval Mystery
By James Watts

Being a choirboy and aspirant historian in my youth in the 1980s, I developed an ongoing fascination with historic churches and the way they act as guardians of much of the past of their communities. In Norfolk we are especially fortunate to have over 600 medieval churches, more than any similarly-sized region north of the Alps. Our late medieval roodscreens and wallpaintings have duly inspired many current leading historians of medieval faith and the Reformation, such as Eamon Duffy and Diarmaid MacCulloch.

As All Saints was my parish church, I was always trying to find a window back into its past and that of the village from what can be seen in the church today. One day I noticed strange markings on one of the pillars in the north aisle of the nave, the main body of the church. Around halfway up, there seemed to be lettering carved into the stone. - “ihc”. I knew enough about late medieval Gothic lettering to recognise that whoever carved it was using the same script from 600 -odd years ago. Given that stonemasons often left their marks to note they had carried out work for payment purposes, I assumed that either the stonemason had been slightly more creative than usual, or had been ambitious to work on letter carving and had been practicing.

Although I saw the letters hundreds of times afterwards on many Sundays, I pretty much left it at that. Until 2015 when I bought “Medieval Graffiti” by Matthew Champion. Champion has opened up something we knew about in individual parishes into a whole new fascinating field of church history research focused on the medieval graffiti carved by past generations in prominent places in churches, whether on the jambs of main doors, pillars or ancient choirstalls. This often had local meanings, such as the 600-year old sailing ships visible on the pillars of Cley church echoing its origins as a port. But often as symbols they reflected widely-known coded meanings, for instance daisywheel carvings as an apotropaic symbol for averting the evil eye or bewitchment. Churches were very much community centres open to the community in the past, where education, deals and merrymaking (“church ales”) took place, as well as the beating heart of parish faith.

So I had an idea there might be more to this than mere doodling. Then a few months ago, I came across a Facebook group set up for people to share photos of local medieval graffiti, and was astounded to see similar lettering in
Winchester Cathedral. On asking, I was told it was a Christogram - a representation of the sacred Name of Jesus through a Latin phrase - “Iesus Hominum Salvator” - “Jesus the Saviour of Mankind”. The “c” at the end was a Greek version of the “s” of the last word which was also popular. More often it represents the first three letters of the name Jesus in Greek. Similar Christograms date to the late 14th/early 15th century when there was great interest in a more personal faith, like that of Mother Julian of Norwich, which included reflection on Jesus’s name and role. At that time in continental Europe, Saint Bernadine of Siena preached widely about devotion to the Holy Name and encouraged Christians to put IHS on the doorways of their homes. A century later in 1541, Saint Ignatius adopted the monogram for his new order of Jesuits.

So now it became clear that this was much more than a stonemason’s casual mark - it may well have had serious meaning to someone in the past. And not just one person - next to the mark you can see Saltire (St Andrew’s) crosses. Champion and numerous examples mean we now think these were how early modern people signed deals or made a solemn vow, especially if they were illiterate. Given there are no fewer than 15 Saltires next to the Christogram in Salhouse, it’s clear this Name meant a lot to a number of parishioners or visitors here five or six centuries ago. What vows they made, or whether they wanted to show devotion we’ll never know but it is no coincidence the Name attracted those additional marks.

I now think the Christogram may have reflected carved lettering on top of the rood screen in the late Middle Ages, which was taken down at the Reformation, or may have been a vital element of a more literate person or priest’s devotion, shared with the wider community. We don’t know who made it, although there is a late medieval/early Tudor brass used twice by Richard Gardiner, chaplain at Sallehose/Salhouse c.1500 and Henry Tyllis c.1540 which uses Gothic letters. Perhaps they made it.

Looking at it this year, it really seemed to speak about the challenges those past villagers faced, in a world of periodic outbreaks of plague, harvest failure and working to plan for uncertain winters. We too have lived with tremendous uncertainty in 2020, despite the blessings of modern science, and sadly many still struggle to survive and feed their families. The Vicar, Salhouse Church community (for a church is about people, not just buildings), and Salhouse volunteers have done a great job this year providing support. In its own time, through it all, civil wars, agricultural change, the anxieties and loss of world wars and Cold War, the Christogram, the Name of Jesus, has been with us hidden away in our church quietly conveying its message of hope from one age to another. Its secret finally (partly) solved it seems only fitting that it’s come back to us for Christmas 2020 and the wonder of the Nativity which brings light to darkness.
PLAYGROUP
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Thursday 9.30 -11.30am
Birth - 5 years
Term Time Only
Call Marie 01603 721340
or visit us on Facebook

Guides (1st Salhouse)
Monday 6.30 pm - 8.00 pm

W.I. Evening
2nd Monday of month
7.30pm
Pat Barnes
Tel: 720466

BEE BOP
Tuesdays
Sensory Music & Dance
Birth - 5 years
9.30 - 10.30am

Brownies
(1st Salhouse)
Tuesday 5.30 pm - 7.00 pm
Mrs S Shorten
01603 720450

Brownies
(2nd Salhouse)
Tuesday 3.30 pm - 5.00 pm
Natalie Archer
Tel: 01603 927166
2ndsalhousebrownies@gmail.com

Rainbows
Tuesdays 3.45pm

Cubs
Wednesday 6.00 - 7.30pm
Contact: Jackie Rose, Tel: 712520

Beavers
Wednesdays 4.45 - 5.45pm
Contact Tracey Hayton
Tel: 01692 630047

Salhouse Broad
Ranger:
Kelly Banthorpe
Tel: 01603 722775
E-mail:
theranger@salhousebroad.org.uk

Salhouse VC Primary School
Headteacher: Mrs J Church
Tel: 720402

Friends of Salhouse School (FOSS)
Contact: Kirsty Sewell
Tel: 07834 895 634

JUBILEE HALL
For Bookings see Village Events column

Jubilee Hall (Admin only)
Martin Carney
Tel: 07808097924

Jubilee Hall Tel: 722803

1st Impressions Tel: 927580

The Bell 01603 720220

The Lodge Inn Tel: 782828

Noticeboards
right hand section is open to public to post A5 size notices.

SALHOUSE SCHOOL

Scouts
Thursday 7.30pm
Colin Begley
07930 251717
gunner21@mail.com

Serious Senior Fitness
Callum Harding
0797 6044963
Wednesday 12—1pm
£5  Per session

Yoga
Thursday 1pm
hi@hesteryoga.co.uk

Ping Pong (table tennis)
Tuesdays 1 - 3pm
£2.00pp incl refreshments
Contact
Keith Richings
01603 721962
kcrichings@tiscali.co.uk

Pilates
Tuesdays 7.30-9.30pm
Trudy Kemp Tel: 712973

Afternoon Tea & Mardle
Every 3rd Wednesday of the month, 2 - 4pm
Tea, Coffee, Cakes
All Welcome,
Contact Julie Bendy 721037

Broadland Youth Choir
Friday 4.30 pm - 6.00 pm
Mrs C Tims, Tel: 721912
Monday (except 2nd Monday in month) 7.45-9pm

Doctors Surgery
If there is no specific notice on the door of the Jubilee Hall the Doctor will be in attendance.
Monday 2.30 - 3 pm

Gardening Club
(resuming March 2021)
3rd Tuesday of the month
7.30pm
Nick Taylor
Tel: 01603 720165
Parish Council
Chairman
Mr Martin Murrell

Parish Clerk
Sarah Martin
Spinners Cottage
18a Honing Row,
Worstead,
Norfolk NR28 9RH
Tel: 01692 535775
clerk.salhousepc@gmail.com

District Councillors
Martin Murrell
Tel: 07788663664
cllr.martin.murrell@broadland.gov.uk

Fran Whymark
Tel: 07907163123
cllr.fran.whymark@broadland.gov.uk

Norfolk County Councillor
Fran Whymark
Tel: 07907163123
fran.whymark.cllr@norfolk.gov.uk

Hoveton & Wroxham
Medical Centre
Tel: 01603 782155

All Saints Church
Rector
Darleen Plattin
01603 720966
Email: darleenplattin@btinternet.com

Churchwarden
Mr Jonathan Tolhurst 721736

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Recreation Ground,
Thieves Lane, Salhouse

The Jubilee Hall is
currently closed due to
Coronavirus restrictions.

Therefore the information
shown on these pages
reflects the activities pre
lockdown and hopefully
as they will continue after
it is over.

Please check with the
organisers

The Mobile Library visits
Salhouse on Tuesdays
every 4 weeks at the
following locations and
times

3.55/4.15 Cheyney Ave, outside 81
4.20/4.40 Farman Close, No2
Salhouse War Memorial

The year 2020 is the one hundredth anniversary of the Salhouse War Memorial. It was erected by public subscription and completed in 1920 in order to remember the 19 men from the village who died in the First World War. Just over a quarter of a century later, a further 5 names were added to commemorate the men who died in the Second World War.

The Memorial is very much cherished by the people of Salhouse, and the memory of the men who are recorded there, some of whom still have relatives living in the village. It is particularly sad, therefore, that this November the circumstances of 2020 will not permit the usual gathering of parishioners who assemble for the Remembrance Service every year and hear the names of the fallen men read out in front of the Memorial.

By the time this article appears, Remembrance Sunday will have passed, for which this year it is planned to mark the occasion by a simple laying of wreaths with a very small number of people in attendance.

This will be in contrast to the turnout of villagers one hundred years earlier. The Eastern Daily Press reported on 15th April 1920 as follows:

“On the afternoon of Sunday 11th April 1920 an impressive ceremony took place at Salhouse when the Bishop of the Diocese dedicated the memorial erected to the 19 men of the parish who fell in the war. The church was packed for the afternoon service, many failing to obtain admission. Special places were reserved for the relations of the fallen, and a large number of ex-servicemen were present. The Vicar, the Rev D. Davies conducted the service and the special lesson was read by the Rev B Dove (Wesleyan). The Bishop delivered a sympathetic address from G 111.28 ‘One in Christ Jesus’ and at the close the organist, Mrs Bell, played ‘O rest in the Lord’ while the choir led the procession to the site of the memorial which stands on a plot of ground adjoining the churchyard. The memorial is an Ionian cross of Upton Wood stone, designed by the late architect, Mr Pierce, and executed by Mr Wood, stonemason of Norwich. When the cross was unveiled the Bishop read out the names inscribed on it: Pte George Catchpole, Pte Herbert Chambers, L-Cpl Fred Clarke, L-Cpl Samuel Debbage, Pte Edward Fox, Pte Ernest Fox, Pte Walter Fox, Pte Archie Grimes, L-Cpl James Hardesty, Pte Edward Page, Pte Henry Leggett, Sig George Page, A.B. William
Raynor, Pte Bertie Thurtle, Gnr Arthur Wiley, Pte John Wright, Pte Timothy Wright, Capt Philip Hewetson. Dedicatory prayers followed and after the Bishop had pronounced the blessing, Bugler Holmes (by kind permission of Major Hadow, O.C- Norfolk Regiment) sounded the Last Post and a most touching ceremony was brought to a close. Many beautiful wreaths were placed at the foot of the cross by the relatives of the fallen. The collection taken in the church amounted to £4 13s 7d and was given to the St Dunstan's Home for blinded soldiers."

There are some errors with the names in the newspaper report, and in fact only 18 names are recorded. The reference to Upton Wood stone indicates that the stone is in fact Purbeck Limestone sourced from a quarry in Dorset of that name. In common with most WW1 memorials around the country, the design is very plain to the point of austere, yet strong and robust. This reflected the mood at the time to not glorify war, but to remember the men of mostly humble backgrounds who gave their lives.

As can just be seen from the angle of the above photograph, the Memorial was originally located on the corner of what is now the car park and very close to the edge of the road. It was moved the few yards to its present location for safety reasons some time in the 1980s (if any reader can remember exactly when, would they please let us know).

At the present time the Parish Council is planning some repairs and maintenance to the Memorial. The stonework has become very dirty in recent years, not helped by its location under the trees. The letters of the inscriptions need cleaning and re-painting, although this was done not many years ago, it now needs doing again. Most seriously, the Memorial has developed a significant tilt towards the front, and it is now several degrees out of the vertical. It will therefore need to be lifted, straightened and underpinned.

The War Memorial became a Grade II listed structure on 27th April 2018. This means that we have to be very careful to retain the historical integrity and pay close attention to the cleaning methods and types of materials used in any repairs. There is a possibility that some grant funding may be available and that the work might be completed in 2021.

Colin McCormick
Well what can we say...........

The Scouting movement has been hit just as hard as any group and if not harder due to our young children being in different bubbles at school and spread over 6 schools which has meant we have been unable to have any face to face meetings. This has been a shame as the children haven’t been able to see their friends from other schools in person. We have tried to keep things going by using technology and having Zoom online meetings, but this faces its own challenges as there is only so much you can do online.

During this time though, the Cubs and Beavers have been working at home on their own to earn badges that they would have normally earned at the meetings and this has been good for them. During this time we have also gone over to an electronic system to keep the children’s records, programs and badge records. The advantage of this system is that the parents can log in and only see their own child’s record and can see what badges they can do and what they need to do for each badge. We are hoping that this will encourage the parents to help their children gain more badges while we are not having face to face meetings.

We do not know when we will be able to return safely as many of our leaders are vulnerable and we may need to rely on a lot of parent help when we return. If there are any budding adults out there that would like to join the Scout movement and become assistant leaders then please contact Jackie our Group Leader who will be able to fill you in on what will be involved. The more assistants that we can get then the less each assistant has to do and means that you don’t have to commit to every week. The role can be challenging but very rewarding when you see how well the children progress and grow into great young people with great skills to help them through their adult career.

Both the Beaver and Cub units are currently full and we do run a waiting list but should there be anyone out there that has been thinking of helping out as a helper or would like to become a leader and start a second unit up then please feel free to contact Jackie Rose – jackierose@talktalk.net - who will be happy to give you an idea of what is involved both with training and running a unit.

Any Beaver enquiries can be directed to Tracey Hayton – 1stsalhousebeavers@gmx.co.uk and Cub enquiries to Jackie Rose as above.

We hope that you are all staying safe and well and hope that as a whole we can beat this situation.

Shere Khan (Cub assistant leader).
Salhouse Baptist Church

What a year!
If this time last year I could have described the events of the past few months, you’d have thought I was mad.
What have we witnessed? Dependable things proving uncertain. Our routines halted. Normality turned on its head. Unnatural behaviour as we stand at a distance from those we love. And thinking about tomorrow is the new definition of long-term planning.
Where can we look for an answer? We’re truly grateful to the health service and all who work in that sector. Over the years, we’ve been amazed at and benefitted from scientific developments. We’re glad to live in a stable democracy, whatever our political persuasion. But clearly the answers aren’t found here. What can we trust that will definitely, certainly, without any doubt, survive the unknowns of tomorrow?

There is a far greater problem than the one we’ve all been occupied with. A problem for all of us, globally, and across every generation, past, present and future. Death is inevitable, and unlike the theory of evolution which claims death to be a ‘good thing’, something that brings change, an advance, they say, the Christian message is that death is a ‘bad thing’. The Bible tells us that death is a result of sin, our separation from God through disobedience to him, a failure to acknowledge him.

And there is a solution, to the big issue at least. God himself comes into the world as a human being – a baby – but he’s still God, the promised Messiah. His name is Jesus, because he’ll save his people from their sins. How will he do that? Not by giving us a mere example, but as a sacrifice, to make the payment due for our sin. His death is followed by his resurrection – what we think of as Easter – and only by trusting in him, Jesus Christ, can we have forgiveness from our sin. This doesn’t remove our immediate difficulties. But it does give us peace with God and enable the only way to eternal life with him. Who is Jesus to you? And are you trusting in him as Lord and Saviour? Compared to this time last year, a whole lot of things now look pretty uncertain. But the message of the Bible is certain, and no event can crop up which will diminish its truth.

See the church website or our Facebook page for the planned YouTube carol service, or join us any Sunday, or get in touch to speak further.

Simon Gay
As you will know schools fully reopened in September and we were pleased to welcome the children back to school. They arrived ready and happy to learn. Schools have needed to change in many ways and we are all aware of how the pandemic is impacting members of our school community differently depending on personal circumstances.

Staff have been on high alert since March. Salhouse never closed. We opened for keyworker children and those deemed to be vulnerable in March. We opened wider to accommodate nursery, Reception and Year 6 in June. We made arrangements for all children to touch base with school before the summer holidays if they chose to. We opened fully in September and we remain open currently during the second national lockdown.

There has been much guidance to follow and many control measures to put in place. We have been determined to do all we can to ensure our school stays open but it has meant a very different way of working. There is uncertainty is a worry as it is for everyone at the moment. We remain on high alert.

I have gathered the views of some pupils, staff, parents and governors to share with you to give you an idea of how people have managed and are managing school life in these testing times.

*I really missed music lessons, friends and my teachers when I was at home during lockdown. I was so glad to see everyone and was excited to get back to real lessons and learn new things in September. To keep safe, I wash my hands and use hand gel. We wipe down our tables and belongings in class to try to stop germs spreading. It is good to respect each other’s space. We have to trust each other that we are all washing hands and being sensible.* (Year 4)

*I missed seeing all the children and my colleagues. I missed the reassurance that I was doing the right thing/ enough/ being supportive to parents. It is great to be back in but we were all a bit anxious. Our children and families have been amazing. Being in bubbles means I don’t see my colleagues as I used to. I am surprised at how much I miss using the staff room/ seeing colleagues/ sharing ideas/ talking to a grown-up! We’re all sharing responsibility for each other’s safety. Our core values are a whole life skill we need to have, and you’re never too young to start. Our staff are superb role models for our children – and for this reason, it’s a shame our children now actually only see a very limited number of adults. It’s important to understand that parents’ fears and worries for their children at this time may not be the same as in previous years. As we begin to understand each other’s experiences, we can show compassion, and develop perseverance so that our world (our schools/homes) will continue to become even happier places to be.* (Teacher)
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I suppose the biggest issue was balance - trying to juggle a job - both of us worked from home over the twelve weeks. It was quite hard to devote ourselves to the task of teacher so after a week of fairly fraught scrambling we split the am and pm with me taking the pm slot as my work tended to be more morning centric. I would do the project work and we would both vet what my daughter tried to submit to ensure it was as rounded as possible. I was very impressed by her tech ability. She put me to shame. The project work was varied and interesting and as it was based on maritime and water, it also appealed to me and made me want to learn too! She did a lot of extra work and we were impressed by her work rate. After lunch it was especially hard to re energise so my respect to her teachers! I was worried at what she was missing social interaction wise. The few weeks before she was due back she had been key worker child status so was used to the new social distance and hygiene rules as well as the look and feel of the school. We still sat her down and went over the expectations and told her that compliance was vital - this was a worry for her - more trepidation than anything. After one day back she was not feeling this anymore. From time to time I ask her if she is worried by what is going on in the world - I'm delighted by her resilience which certainly exceeds mine! We need to have respect for one another and especially with regard to hygiene and space. We also need compassion as overlooking someone in need at this point in time could have long term consequences.

(Parent)

There was a feeling of uncertainty of how best to support staff because they were still working, in fact working even harder under different pressures and expectations. I missed the personal contact with staff and, of course, the children. Even though school was partially open it was not possible/ advisable to visit. As a governor, even the shortest visit into the school gives a feel for how things are, the feel and atmosphere is usually so vibrant and purposeful. I wanted to see faces and real smiles and be able to have spontaneous conversations. The school still feels strange as a physical environment but it has been great to see positive staff and children who are excited and ready to learn. One of our values is perseverance - we are learning that! I have seen so many examples of great resourcefulness as people find another way of doing something, whether it is a virtual governor's meeting by a shared platform, a finance meeting by Teams, interviewing in the open air (rain and wind included!) or triple school assemblies on Zoom. (Governor)

In describing how they felt one teacher explained every day felt like a Monday and a pupil similarly explained that every day felt like her first day. I keep pondering this, maybe you will too.

I wish you all well. If you know of any family in hardship and you think we could help, please let us know as we will want to help.

Julie Church
Executive Headteacher
Recently I met with a small group of Girlguiding leaders at our village hall to place a commemorative bird bath in our garden. This was by way of remembering our very good friend, Debbie O’Brien, who had passed away earlier in the year. Debbie was such a lovely woman, so kind and thoughtful and a true friend both within and out of Girlguiding.

The garden at the village hall was originally planted out by the 2nd Salhouse Brownie pack on behalf of all the Girlguiding units that meet at the hall, hence the Trefoil design. It was, at that time, a sensory garden with all manner of soft, prickly, fragrant, bright and colourful plants for which we won a Guiding world award. Over the years things have changed and the lovely Team Salhouse now tend the garden on our behalf.

As for Debbie, well she was our Snowy Owl. Originally Debbie joined Girlguiding to help out when her daughter became a Brownie but she soon realised what fun the adults have too and became a leader with the 1st Salhouse Brownie pack. Debbie loved figures and for all of her 20 years in Guiding she looked after the accounts for just about everyone in our District in one way or another. Although counting a mountain of 2p pieces each Thinking Day was not her favourite task!

Debbie moved over to be a leader with me at 2nd Salhouse Brownies and we all had great fun with the girls at weekly meetings, outings, sleepovers and pack holidays. It was her mission to remember all of the Brownies names, something she just never could quite manage. Pack holidays with over 40 Brownies was a true test of her memory and the girls used to love attempting to trip her up, especially those girls that looked similar, blonde hair, pony tails, etc. “No Snowy Owl, I’m Alice, not Claire” and so on. Debbie also had a great time volunteering for the Norjam events, which ran every 4 years at Norfolk Showground, being part of the hospitality crew and meeting people from around the world. This Debbie really enjoyed as she absolutely loved travelling with her husband John. They had some brilliant adventures together, more particularly over the last 5 years or so.

For all of her hard work and volunteering efforts, I was pleased to be able to present Debbie with a special Girlguiding County Award in March of this year. She was thrilled to receive this just before our first enforced ‘stay at home’ regime.

In 2017 Debbie joined the ARC team as a ‘purple lady’. This is a special unit set up at Patteson Lodge where we are putting together a huge archive of all things relating to Norfolk Girlguiding. Debbie made more new friends here and her administrative skills proved to be a great asset. Again, due to her love of birds, we have placed a commemorative bird feeding table at the ARC with a plaque that reads “Our Friend Debbie, Always Smiling”. That, I believe, sums up Debbie beautifully.

Ann Shorten (ex Brown owl, now Purple Lady!)
Award Winning Salhouse Station!

Every year Greater Anglia give awards to stations on their network looked after by local volunteers, known as station adopters. The network is quite extensive from Sheringham in the North, London in the South, Cambridge to the West and Ipswich in the East, with 154 stations in their care.

Thanks to the work Team Salhouse and all the station users have done to help keep the station tidy, and the fantastic new signs courtesy of a partnership between the Parish Council and the Bittern Line Partnership, we were runners up this year (to Dullingham station in Cambridgeshire) with a ‘Highly Commended’ award. This is pretty good as we have been under siege with various works that seem to have dragged on forever.

Looking after the planting at the station can be quite challenging, especially as we are not allowed to stray off the Greater Anglia boundaries. Believe this or not, when we trimmed a station hedge and put the cuttings in a neat pile on the other side of the lines this work was observed on their CCTV system, and we had a visit from the police as we had been reported by Network Rail for fly tipping. Luckily the police who visited found the whole thing highly amusing! We are now banned from taking cuttings across the rails, and some of the areas we would like to improve are ‘out of bounds’. We are trying to get work carried out from within the rail companies involved to continue to make the station as attractive as possible without spoiling wildlife habitats.
We planted a wild flower area in spring, and will be encouraging this to take hold and spread next year. Hopefully passenger numbers can return to normal as well - however travelling on quiet trains has been a joy. We will have to wait and see if the franchises are taken back into a nationalised system if the pandemic continues to restrict passenger numbers, but we hope everything can get back to ‘business as usual’ in 2021. With free parking at the station it is an excellent way to travel.

Chris & Sally Dady

Salhouse Book Club

Due to the lockdown in the summer months we were unable to continue with our book club as we order our books from the library.

When the library recently opened books were collected from members homes and returned to the library allowing us to choose our latest book which is ‘The Chalk Pit ‘by Elly Griffiths. Unfortunately, Norfolk libraries have had to close again so we await the time when we can resume collecting books once more and hopefully one day being able to begin meetings at each other’s homes again.

Linda Stone
Salhouse & District Gardening Club

I hope that all our members and their families are keeping well and coping with the restrictions with which we all now have to live.

There is little to report since our last review in the summer issue of Saga.

As you will know, our last meeting was held in February and we subsequently had to take the reluctant decision to suspend the Garden Club for the foreseeable future. Whilst we still have hopes of resuming our activities in March, at the present time we do not know whether we will be able to do so. We will, of course, be carefully watching government guidelines and act when we are able. In the meantime, we have been working on a possible programme for next year. Whilst some speakers have been happy to re-book, others are reluctant to commit until things are clearer. We cannot yet book outings or garden visits due to the present uncertainty and the current restrictions that are in place. The committee will keep the situation under review and we will, of course, let members know more as soon as we are able.

As we will not be having our usual Christmas social event I take this early opportunity to wish our members a Happy Christmas and hope that it will be as near to normal as possible.

For more information about the Garden Club please contact Nick Taylor (01603 720165).

Keep safe.
Nick Taylor - Chairman

Wroxham Flower Club

The Wroxham Flower Club normally meets at Church Hall Wroxham, unless otherwise stated, on the 2nd Wednesday in the month at 7.30pm. New members always welcome.

The club committee have decided that under the present circumstances we will not meet as a club until February 2021. The annual subscription will be next due again in November 2021. It is hoped to arrange a seasonal get together if the situation allows, which will be advised by email or phone.

Further details
Rosemary Howell Tel: 01603 737762
or Club Chairperson Sue Lusted Tel: 01603 721410
The Reading Group has been running for more than two years and just to keep you updated of our forthcoming books, the titles are listed below.

4th December 2020 – The Shadow of the Wind – Carlos Ruis Zafon

8th January 2021 – The Testimony – James Smythe

5th February 2021 – The House with Chicken Legs – Sophie Anderson

5th March 2021 – Where the Crawdads Sing – Delia Owens

9th April 2021 – Eleanor Oliphant is Completely Fine – Gail Honeyman

7th May 2021 – This is Your Life – John O’Farrell

Ordinarily we meet at The Bell on the first Thursday of the month at 7.00 p.m. However due to the current restrictions we are meeting at The Bell on the 1st Friday of the month but only six can meet, socially distanced. The rest of the group join in via our WhatsApp group. The first meeting was held on Friday 2nd October and, although we say so ourselves, was a great success.

If you would like to join us, please call 01603 720049, we can then add you to our WhatsApp group.
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Greetings from the Village Hall

Well it’s been an interesting, if not challenging, few months. This time last month the committee were meeting to agree how we could safely open the hall again to some of our regular groups. We put all the correct procedures in place, had the hall deep cleaned and sanitised, and yes, we did open again this week. We had one Brownie meeting before we then had to close again. So near and yet so far. However, we now know what we need to do and as soon as we can open again, we will do for those that want to come back to the hall in a safe and secure way.

At the same time as planning the hall re-opening we were planning our annual Christmas Fayre, but this year it was going to be different, it was to be held outside, with plans in place to keep everyone safe and secure. However, with last week’s announcements we have sadly had to scrap plans for this also.

The hall has now been closed since March and we are in need of funds so we plan (fingers crossed) to hold a spring or Easter Fayre next year instead, so please look out in the next edition of the Saga for more details. There is not much more to report other than to say thank you to the committee for all the hard work they have put into the hall despite being closed and in getting it ready again for opening. I would also like to thank Susan, our cleaner, for being understanding to the constant changes. It just remains for me to wish you and your families a safe and happy Christmas albeit we may be celebrating in a slightly different way to how we normally would.

Take care all

Martin Carney
Chairman of Salhouse Village Hall committee

Visit our page on the village website http://www.salhousevillage.org.uk
Martin Carney (Chairman) on 07808 097924
If you would like to book the hall, then please contact Pat
Tel: 01603 720466 (Mon-Fri 9am – 6pm, Sat: 9am – 12noon)
This has been no ordinary summer and the expectations are the autumn, winter and maybe even next spring could also be very different too.

Like me, you may be looking to reduce your energy bills. At Broadland District Council (BDC) the Energy Team may be able to help you sign up to a better energy deal, buy oil in bulk, improve the insulation or install central heating. Call the Energy Team on: (01603) 430627; email energy@broadland.gov.uk or go to www.broadland.gov.uk/info/200193/keeping_warm_at_home/205/reduce_your_energy_bills for more information.

Concerns about the increase in cases of coronavirus continue. Government advice is to focus on the basics. ‘Hands. Face. Space’ i.e. wash or sanitise hands regularly, use a face covering when social distancing is not possible and keep your distance from those not in your household. If you have a high temperature; a new, continuous cough or a loss of, or change to, your sense of smell or taste, get a test and stay at home. Ring 119 to book a test or go to: www.gov.uk/coronavirus for more information.

We are also heading into flu season. If you are over 65 or are in a high-risk group (i.e. have underlying health conditions, particularly respiratory difficulties like asthma) or live with someone who is at high-risk from coronavirus, please contact your GP or local pharmacy to get your flu vaccine now. If you are 50 to 64 you will be contacted about getting vaccinated later. More information go to: www.nhs.uk/conditions/flu/.

Across Norfolk many volunteers have come forward to support their local community, particularly during the period of lockdown. Many of these groups have continued and the Communities Team at BDC have set up SNAB Community Links to support them. They have regular Zoom/Skype meetings, provide information about funding streams and have a dedicated Facebook page where groups can share information. For more information go to the Facebook page https://www.facebook.com/groups/901407323712495 or email Matt Allen on mallen@s-norfolk.gov.uk.

From January 2021 BDC will be running the Community at Heart Lottery. This weekly online lottery has been created to support local good causes across the district. Tickets will be £1 a week, with 60% going to good causes in Broadland and prizes up to £25,000. The first ticket will go on sale on 12 January 2021 with first draw taking place on 27 February 2021. If you are a Broadland based club, non-profit association or charity
looking for reliable and free way to raise funds contact us to register your interest in taking part. We can help you set up your own fundraising page on the Community at Heart Lottery website to help you raise funds all year round, with no setup costs or admin fees. For more information go to www.broadland.gov.uk/lottery.

Whatever your beliefs may be we wish you a Merry Christmas. Hopefully we will have the coronavirus vaccine available to us all soon. The latest news looks very promising and I look forward to being able to get back to normality in 2021.

Take care of yourself and each other, we will come out the other side.

Fran Whymark  Tel: 07907163123  
County and District Councillor for the Wroxham Division/Ward  
Email: fran.whymark.cllr@norfolk.gov.uk

Cllr Fran Whymark  @CllrFran

Martin Murrell; email: cllr.martin.murrell@broadland.gov.uk or tel: 07788663664

District Councillor for the Wroxham Ward
Salhouse Tree Warden

I am elated to confirm we have been offered somewhere to site the Salhouse Community Tree Nursery! This is a massive step towards growing trees for our future of local provenance and I could not have dreamt of a better site and situation - a massive thank you to a very kind individual.

The nursery objective is to produce trees and shrubs of local provenance for use in public tree planting projects, giving something back to nature and the community – leaving a positive legacy. Sharing knowledge and skills about trees and the environment in a safe and friendly group of volunteers. The nursery welcomes help from volunteers and in time I hope it will become a hub of the community, email me if you would like to get involved – we are growing.

Putting down nursery roots comes not a moment too soon as the acorns are rooting already and we had 4,000 to put in beds to start. The oaks have had a 'mast' year with thousands of acorns paving the paths, it happens every 3-4 years so I feel lucky. You may have noticed me along the footpaths recently, now nicknamed 'squirrel'.

Its been a busy few months with applications submitted for nearly half a kilometre of new hedgerows for Salhouse with the Woodland Trust’s MOREhedges initiative, offering subsidies of up to 75% for materials costs for new hedgerows of 100m or more. If you are interested in a new hedgerow I can apply on your behalf, please email me.

I’m pleased to confirm additional trees will be planted in gaps along some of the public footpaths around Salhouse, all native species enhancing the landscape with blossom and berries and supporting the next generation of trees for wildlife and us.
If you are luckily enough to be thinking about a mini woodland in your garden, I would be pleased to meet and discuss this with you when COVID rules allow. Our gardens provide very valuable habitats for wildlife. I have started to layer fallen branches and leaves in the back of the borders which will provide habitat for insects, bees, toads, mammals and everything that depends on them. Over time this will also improve the soil and retain moisture in times of drought. Google ‘wildlife friendly garden’ for loads of ideas on how you can attract nature into your garden.

A tree planting scheme for the playing field has been agreed with the Parish Council to add 27 trees. When established, there will be lime trees with sweet summer fragrance, a show of spring cherry blossom and the elegant sway of silver birch offering shade from the midday sun. I hope to plant Saturday 5\textsuperscript{th} December from 9 – 2pm, if you would like to plant a tree or two please email to register for a timeslot. COVID rules and lockdown are subject to change so we can play this by ear closer to the time.

Until then, stay safe.

James

salhousetreewarden@gmail.com

“We don’t inherit the land from our ancestors, we borrow it from our children.”

Native American proverb

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Speedwatch Volunteers Needed

Salhouse has a registered Community Speedwatch Service which operates on behalf of the Safety Camera Partnership between NCC and the Norfolk Constabulary. The service is carried out by a group of volunteers conducting roadside traffic speed observations on a random basis at approved locations on the roads within Salhouse Parish. The purpose is to curtail speeding and maintain safety on the village roads.

We are currently looking to recruit additional people to help with this service which typically involves about one hour per month at the most. Once the proposed revised speed limit from 50 to 40mph on Norwich Rd is introduced we will be extending our area of activities and thus needing more assistance.

So if you can find time to help keep our village roads safe please contact
Malcolm Prestwood on 01603 721110 or Steve Piper on 01603 720993
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Hello from 1st Salhouse Brownies.

I finished my last piece for the magazine by telling you about my impending journey into the world of zoom meetings. July saw an apprehensive start, but all went well on the first meet up. However I was lulled into a false feeling of confidence, especially as on the second meeting the laptop refused to play ball and I could not get it to activate the camera and I had to resort to using two devices - very confusing (though later investigation did actually reveal it was my lack of IT knowledge that was really to blame!)

Following a break over the summer and my practicing zoom with my family I am happy to say things ran much more smoothly when we restarted in September. It’s lovely to see some of the girls and hear about what they have been doing. Obviously it is not the same as face-to-face meetings but we have managed quite a mix of activities. Of course there have been craft activities and we have made cardboard tube owls, origami animals, greeting cards, spinning ‘Catherine Wheels’ and baked a ‘mug cake’. We’ve had a quiz – Name That Cake – and the girls have completed a number of ‘10 second challenges’ such as balancing a pen on their head or drawing a cat in a boat while they had their eyes closed! Also we have played lots of games including ‘Would you rather?’ when they had to choose between two very different options (good for getting to know likes and dislikes), ‘Guess Who’, when the girls asked questions which could only be answered Yes or No to reveal the identity of the chosen person (made the girls think), ‘Cookie Face’ when they had to balance a cookie on their forehead then wiggle it down to their mouth without using their hands (very funny) and ‘Never have I ever’ when they had to say whether or not they had been to a particular place/event or done something in particular (very interesting). I think their favourite though is any form of scavenger hunt (very inventive).

By the time you read this we will have taken part in some sort of Remembrance activity and I am sure we will do lots for Christmas. Hopefully myself and the girls will get even more adventurous with our online activities while we look forward to returning to face-to-face meetings.

In the meantime we hope you stay well and enjoy Christmas,

Brown Owl Shirley
Remembrance Sunday
2020

Whilst Coronavirus and the current Lockdown restricted activities surrounding Remembrance events at the War Memorial, a small band of villagers attended, and socially distanced, to pay their respects.

The picture opposite shows the new 2020 wreaths that were placed in advance by the church warden.

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HANDS – FACE – SPACE
We had some great days in the summer with the brownies meeting face to face in the sunshine to enjoy socially distanced activities and games. We continued to hold face to face meetings outside at the start of the autumn term at Patteson Lodge in Coltishall making use of the campsite for more socially distanced activities and games. We ended the half term with an activity day at Hautbois Adventure Centre where the girls took part in wall climbing, pond dipping and the assault course which involved team work activities made slightly trickier with the social distance rules!

We were all set to return to the village hall after half term but have had our plans scuppered so we will return to zoom meetings for now. We look forward to hopefully being able to meet face to face in the future but will carry on with our virtual meetings in the meantime.

Brownies is great fun for children and adults alike!! Currently both Salhouse Brownies (aged 7-10) and Rainbows (aged 5-7) are in need of leaders/unit helpers. If you think this is something you may enjoy and would like to find out more then please contact Natalie on 07500 060818 or email 2ndsalhousebrownies@gmail.com
Dear Mardlers,

We hope you are all safe and well and that you have managed to cope with the challenges this year continues to throw at us. I know you will understand that we cannot restart the Mardle as things stand but please be reassured that, as soon as it is safe to do so, the Mardle will be back at our usual time on the 3rd Wednesday of each month. I have been assured that our time slot will be kept open until we are able to start up again.

On a sad note we have recently lost a very much loved Mardler. Doreen Dye was a part of the Afternoon Tea and Mardle from its beginning, quietly supportive and one of the first to offer help if needed. She was a special person and will be very much missed by us all.

Here’s hoping that we can get back to some sort of normality once the winter is over. We wish you all a very happy Christmas and a healthy and prosperous 2021 and look forward to seeing you all at a Mardle sometime next year.

Look after yourselves.

Jules and Chris xx

Salhouse Evening W.I.

Salhouse Evening Women’s Institute meets on the second Monday of each month in the Jubilee Hall at 7.30 pm.

We are a very friendly and welcoming group and have a different speaker every month, as well as arranging several events and outings during the year. New members and visitors always welcome. Unfortunately, because of the corona virus we are unable to hold meetings at the moment. We are continually in touch with our Federation Office and at this present moment in time we hope to resume our meetings in April 2021 with a celebration party to be enjoyed by all our members.

President. Linda Stone 01603 721298
Salhouse United Charities  *Can we help YOU...*
If you are experiencing a short-term crisis Salhouse United Charities may be able to help with a one-off grant. Perhaps your Universal Credit has been delayed; the washing machine or the boiler has broken; school trips and uniform can be a strain on limited budgets; you may be having to make regular hospital visits which, again, can be expensive, etc. etc. If you think the Charity can help, and you are resident in Salhouse, please ring 01603 721201. You will be treated in the strictest of confidence.
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3. The operator will ask a series of questions which you will need to answer to the best of your ability. This will only take a few seconds and will not delay the ambulance.

4. The operator will then provide you with the access code to open the cabinet.

5. The defibrillator and resuscitation pack should be removed from the cabinet and the ambulance service will stay on the line and give verbal instruction if required.

6. Switch on the defibrillator and it will then provide you with verbal instructions for use.

7. The defibrillator cannot be used incorrectly as it will only deliver a shock to the patient if it detects it is necessary.

8. There are scissors in the resuscitation pack to assist with removal of clothing and a pocket rescue breath mask to carry out CPR.

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Quiz Answers
from page 25

1. Capricorn
2. Eleven
3. Toto
4. Babycham
5. H20
6. Oliver Cromwell
7. Pigs in Blankets
8. Pig
9. Cake
10. Melchior
11. 26th December
12. Panettone
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